



DEFENDER

Training Academy

TRAINING STANDARDS TARGET

On signal draw and engage each rectangle with 5 rounds, perform a slide/bolt lock reload and engage circle with 3 rounds.



START POSITION

Pistol in holster, in interview stance, not touching weapon.

Rifle from low or high ready.

DISTANCE

Pistol – 3, 5, or 7 yards

Rifle – 5, 7, or 10 yards